



TREASURE KINGDOM DISCOVERY GATEWAY TO DISCOVERING

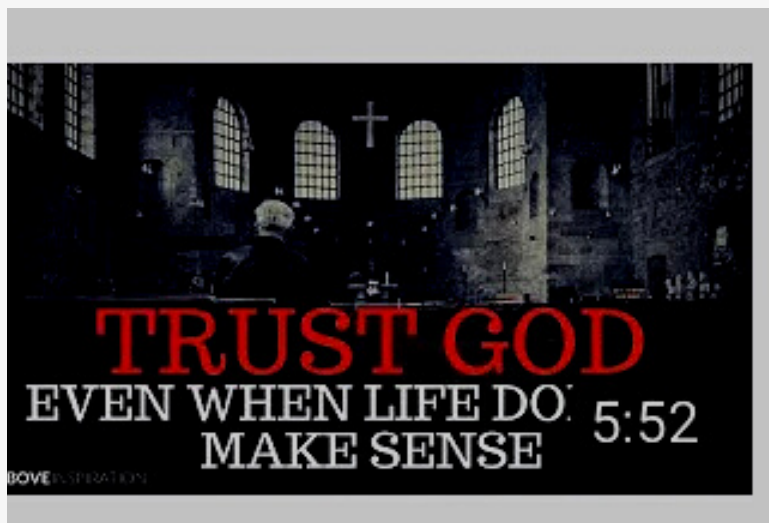
YOUR IDENTITY AND RISE TO YOUR FULL POTENTIAL

DAY 19: TRUST FACTORS

"This is the forest of truth, where the truth will set you free. You just need to understand the truth, and I am the best person to clarify it for you. Do you trust me?"

—Trevor, Treasure Kingdom

Trust can be a very difficult word. When you have been hurt so many times by those you believed in and you loved how do you move past that pain and learn to trust again? When someone close to you has hurt you, it leaves you feeling abandoned and confused. It is in these times we need to seek the truth. Is what they has done or said valid? Did they say or do it to make you question your own direction? What does it really mean to trust? First let's start with defining trust. Trust is firm belief in the reliability, truth, ability, or strength of someone or something and believing in the reliability, truth, ability, or strength of that person. How do you trust someone when you have been hurt by them? You need to first evaluate yourself, learn and grow in the moment. Surrender your pain and hurt into God's hands and allow Him to heal you and teach you to forgive. It is at that point you can begin to trust once more. You need to release your pain and surrender it into, taking away its ability to hold you down, angry, and alone. You are stronger then you think and when you start allowing others into your life, you can start building trust with them again.



<https://www.youtube.com/watch?v=WK1eRHhSOD0>

Will you trust God unconditionally, even when your life doesn't make sense? Think about someone who you feel lied to or hurt by in some way. What are some things they struggle with? What Flaws do they have? Write some of these down.

Now still thinking about this person, what strengths do they have? What are they passionate about? What makes them angry?

I challenge you today; Write down three people you struggle with trusting.

Now write down three things for each person that you can pray for them.

I challenge you to pray these blessings on them for the next week. Ask for God to heal them and to open their eyes to see a clear direction. We will revisit this in Day 29. I want to know how you did and if you see these three people differently or not. You do not have the ability to change others but you can change how you are. As you learn to trust, you will be surprised how much growth and value you can receive. If you hold onto questions that you do not understand, God loves you and He wants you to ask. God hears your questions because he never changes. He will give you the grace to wrestle through your questions. He will never give up on you and He never changes. Will you trust God?



<https://www.youtube.com/watch?v=kqxm89y8NIM>

"Behold, God is my salvation; I will trust, and will not be afraid; for the Lord God is my strength and my song, and he has become my salvation."

Isaiah 12:2

God will not give up on you; will you make the choice not to give up on yourself?

See you tomorrow on Day 20, The Peaceful River, Learning to Forgive.