

## KINGDOM DISCOVERY MINI COURSE



## IGNITE WITHIN WHO YOU WERE MEANT TO BE

## DAY 27: WHAT'S HOLDING YOU BACK?

Josiah has so many unanswered questions racing through his mind. I just got Senora back, he thinks. Is this going to be another trap like Scarlett's party? He knows Senora loves a good adventure, but he wouldn't forgive himself if anything bad happened to her. "Jo..."

- Treasure Kingdom

Now that we have established an action plan of where you want to be, the bigger question is what is holding you back? What are you scared of? I know for me I have many fears of doubt, failure, or of saying the wrong thing. Have you ever felt so alone and scared to step forward even when you feel call to step out? Remember, you are never alone despite your fears. Your fears do not have to hold you back. Yes, we all need to be pushed out of our comfort zones.

Courage is defined as: the ability to do something that frightens one, or strength in the face of pain or grief. Thinking about courage and fear, what fear is standing in your way?



FACE YOUR FEARS -Powerful Motivational Video Ben Lionel Scott 175K views · 4 months ago

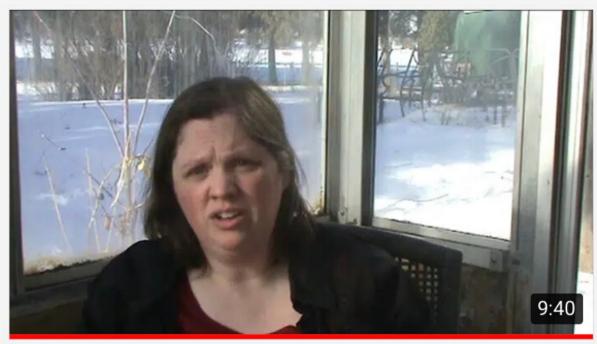
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What can you do to face that fear? It is scary to take that first jump, but you will never know what God will do until you find your courage to step forward and begin training your mind to grow and move forward.

"Enter by the narrow, gate. For the gate is wide and the way is easy that leads to destruction, and those who enter by it are many. For the gate is narrow and the way is hard that leads to life, and those who find it are few." Matthew 7:13-14.

Life is a choice, if you choose to stay where you are and not move forward, it will be easy, but it will slowly destroy you. You will become angry, bitter, and resentful. You will retreat within yourself and give up. But if you open your eyes, face your fear, it will be hard and challenging and yes scary, but you will fill with such hope, anticipation, and discover how strong you truly can become.

Do not give up on yourself. Cling to your hope, find your courage, and never stop moving forward. Make the choice daily to take back your life and not allow your fears to hold you back. Fear only has control on you if you allow it to.





Overcoming Fear: Find Freedom From Fears Control, Day 1

100 views · 1 year ago

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